

## ALDO TROVATO, MD, PC

Diplomat American Board of Dermatology

Your surgery appointment is at \_\_\_\_\_ AM/PM for \_\_\_\_\_ minutes  
On \_\_\_\_\_. Bring someone to drive you to and from the office.

### PREOPERATIVE SKIN SURGERY INSTRUCTIONS

1. Take no aspirin or aspirin-containing medicine for one week before surgery. Aspirin is contained in many prescription and over-the-counter products (Alka-Seltzer, Advil Cold and Sinus). Please check the ingredients. Take no ibuprofen (Advil, Nuprin) or naproxen (Aleve) for one week before surgery, and two days after surgery. Take no ginkgo biloba, garlic, ginseng, feverfew, vitamin E, Fish oil or saw palmetto for one week before surgery. Notify the doctor if you are taking any blood thinners.
2. Ingest no alcoholic beverages for two days before or after the surgery.
3. If, before the day of the planned surgery, you are put on any new drugs by any physician or dentist – please contact the office. We need to know all medicines you are taking.
4. On the day before and the day of the surgery thoroughly wash with soap and water the **ENTIRE GENERAL AREA** of the planned surgery.
5. On the day of the surgery do not wear **any** cosmetics or jewelry in the general area of the planned surgery.
6. Wear clothes that are comfortable and that are easy to put on and remove. Generally, do not wear a shirt or blouse that requires pulling over the head; wear a buttoned garment instead.
7. If the planned surgery involves the area of the eyes, ears, hands, feet or any other area where post-operative bandage might interfere with driving, bring along a family member or friend capable of driving you home from the office. All surgeries are performed under local anesthesia only.
8. If it is necessary to cancel or change your appointment for any reason, please try to give us two days advance notice. **PLEASE NOTE:** There is a \$100 fee for any surgery that is cancelled or rescheduled **without** a 24 hour notice.
9. Please eat a full breakfast or lunch on the day of your surgery unless instructed to you by another physician who has scheduled you for surgery under general anesthesia.
10. Please shave **any** hair within four inches of the planned surgery site. **DO NOT SHAVE EYEBROWS.**

Thank you for your cooperation.

*Springhill Medical Complex  
3715 Dauphin Street, Bldg 2, 4<sup>th</sup> Floor  
Mobile, AL 36608  
Telephone (251) 343-2100*